



# Employee News

News and Information for Muscatatuck SDC and Madison State Hospital Employees during the transition to community-based services.

## What Happens After Deinstitutionalization?

### HANDY NUMBERS AND WEB SITES:

#### MSDC/MSH Info Hotline:

1-800-903-9822

[www.IN.gov/fssa/transition](http://www.IN.gov/fssa/transition)

Maintained by FSSA to answer your questions.

#### Indiana Department of Workforce Development:

1-888-WORKONE (967-5663)

[www.IN.gov/dwd](http://www.IN.gov/dwd)

Available to assist with job search concerns. Web site resources include "Career Planing and Training" and "Job Fair Listings."

#### Customer Self Service System for Job Seekers:

<https://cs3.dwd.state.in.us/regw/default.asp>

Free service links you to job opportunities across Indiana and neighboring states. Your information is cross-referenced with thousands of job openings. Operated by the Indiana Department of Workforce Development.

#### America's Job Bank:

[www.ajb.dni.us](http://www.ajb.dni.us)

Nation's largest pool of active job opportunities. Post your resume to employers across the country. Operated by the US Department of Labor and the Indiana Department of Workforce Development.

#### Ivy Tech State College:

1-888-IVY-LINE (489-5463)

[www.ivytec.in.us](http://www.ivytec.in.us)

Indiana's third largest public higher education system, with 23 campuses statewide.

### Update on the Status of Former Central State Hospital Patients

*Dr. Erik Wright, Associate Professor of Sociology at Indiana University - Purdue University at Indianapolis, has been tracking the status of former Central State Hospital patients since the facility closed in 1994. Below Dr. Wright answers questions related to the status of the for Central State patients*

#### How did the project to track the status of the former Central State patents come about?

As part of the hospital-closing transition fund, the Indiana Division of Mental Health funded an independent evaluation of the hospital closing. The Indiana Consortium for Mental Health Services Research (ICMHSR), a multidisciplinary center of academic researchers and public officials/providers throughout Indiana, are conducting a comprehensive evaluation of the closure and its long-term outcomes for those who were affected by the closure.

#### What are the main parts of the evaluation?

The evaluation has two main parts:  
(1) the tracking project collects information on the former patients' location, where they now receive treatment, legal contacts, and level of functioning. It has followed all discharged patients since the closing in June 1994, and

(2) a more comprehensive study with a smaller group of patients who participated in in-depth inter-

views for the first five years following the closing of Central State Hospital.

#### What does the study tell us about the former Central State patients, as a whole?

Findings from both studies suggest that the former patients, as a group, are functioning equal to or better than they did while they were at the hospital. Indeed, the interview study data suggest that there were significant and consistent improvements in both the patients' quality of life and level-of-functioning during the first three years after leaving the hospital. The patients also reported being consistently more satisfied with the services they received after leaving Central State than they were the services they received at the hospital.

#### Have many of the former Central State patients ended up living in other institutions?

There has been a steady decline in the percentage of former CSH

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### MEETING ANNOUNCEMENT

The next meeting of the Southeast Regional Project Team will be:

**February 1, 2002**

10 a.m. - 1 p.m.

**Stone City Mall**

Wildflower Room

3300 W. 16th St., Bedford, IN

# Bouyea Named Superintendent at Muscatatuck State Developmental Center

Jacqueline M. Bouyea has been appointed as the superintendent of Muscatatuck State Developmental Center. Bouyea began her duties Jan. 2, 2002. She is contracted with FSSA through Liberty Healthcare Corp., and previously served as superintendent at Muscatatuck from March 2000 through July 2001.

While previously at Muscatatuck, Bouyea assisted in developing a closure plan and successfully relocated several residents to smaller living units. She was also involved in the four-stage process to recertify Muscatatuck and restore all federal funding to the facility. "It's good news for Muscatatuck residents and families that such an able and experienced administrator will oversee the closure of the facility" said Marilyn Shultz, Director of FSSA, Division of Disability, Aging and Rehabilitative Services.

Prior to her work at Muscatatuck, Bouyea served as director and deputy director from 1996 - 2000 at W.E. Fernald School in Waltham, Mass. In addition, she has also held several positions with the New York State Office of Mental Retardation/Developmental Disabilities and the New York State Office of Mental Health.

"Jacqueline brings a tremendous amount of experience and a proven record," said Hamilton. "I am confident that her skills will assist in the transition of Muscatatuck residents into the community and to insure that residents receive the care they need."

Bouyea holds a master's degree in social work from The Catholic University of America and an ABD from Columbia University School of Social Work.

## What Happens After Deinstitutionalization?

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patients who live in institutions and a steady increase in those living in private residences. In July 1994, the first month following the closure, nearly two-thirds of the former CSH patients lived in either a group home (SGL) or a state hospital (SOF) while in July 2001, the percentage had fallen to just above 40% with the biggest change occurring in the numbers living in other SOFs.

#### **Have many former Central State patients ended up in prison and jail?**

The percentage of clients who are incarcerated has remained very small. Early in the closure process, there was considerable public concern that the former CSH patients would end up in Indianapolis jails or prisons; however, the data suggest that very few have had these experiences. On average, approximately 1.5% of all of discharged patients was incarcerated in any given year. While a slightly larger percentage have had contact with law enforcement which did not involve incarceration, most of these contacts were for non-violent offences (e.g., traffic tickets, minor property crimes) or the result of staff calling police for assistance in managing conflicts at community-based facilities.

#### **Have many former Central State patients died?**

Public concern about the mortality rate of the former CSH patients remains high. While the mortality rate is somewhat higher than the Indiana unadjusted all-cause mortality rate, the research team's analysis of causes of death suggest that the vast majority of deaths were the result of physical disease and not mental ill-

ness. Given that the majority of the patients were in their 40s, 50s, and 60s when they left CSH, an increase in the number of physical health problems and the overall mortality rate should be expected.

#### **On whole, has the closure of Central State been successful?**

In sum, there are many indications that the closure of CSH was relatively successful from the patients' point of view. Not only do the patients report feeling better about the services they are receiving, clinical data suggest that they are, as a group, doing as well and, in some case even better, than they did while living at Central State. Perhaps most important, the effort to move clients into the community has continued long after CSH's doors closed. The percentage of clients living in more restrictive settings has continued to decline over the eight-year post closure period suggest that more and more of the former CSH are learning to live successfully in the community.

#### **Where can I get more information?**

For additional information on findings from this study, consult the August 1999 issue of the Journal of Behavioral Health Services and Research. This issue contains seven research articles that summarize different facets of this comprehensive study. Copies of the abstracts for the individual articles contained in this journal may be viewed at: <http://www.indiana.edu/~icmhsr/publications.htm>. You may also order copies of individual articles via the website.

# INTERNET ACCESS RESOURCE CENTER

Many articles in this newsletter direct readers to the Internet sites of various organizations. We hope the sites listed will be helpful to readers as they gather information about the transition and the resources available in the community. Continuing this month and in future editions, we will list locations in southeastern Indiana where the Internet can be accessed for free.

## **BROWN COUNTY**

### **Brown County Public Library**

205 Locust Lane  
Nashville, Indiana 47448  
812-988-2850

The library offers free Internet access on 4 computers. Users must sign up for 30 minutes at a time, with unrestricted use if no one is waiting.

## **CRAWFORD COUNTY**

### **Crawford County Public Library**

203 Indiana Avenue  
English, Indiana 47118  
812-338-2606

The library offers free Internet access on 2 computers.

## **ORANGE COUNTY**

### **Melton County Library**

8496 West College Street  
French Lick, Indiana 47432  
812-936-2177

Patrons must sign in at the circulation desk before they can use the Internet computer and sign out when they are done. Users are restricted to 30 minutes at a time.

## **LAWRENCE COUNTY**

### **Bedford Public Library**

1323 "K" Street  
Bedford, Indiana 47421  
(812) 275-4471

The Library offers free Internet access on 9 computers. Internet use is limited to one hour, if people are waiting.

### **Mitchell Community Public Library**

804 Main Street  
Mitchell, Indiana 47446  
(812) 849 - 2412

The Library offers free Internet access on 10 computers.



## Employee Resource Center

Each month this space will highlight community, government, and non-profit sponsored resources to assist employees with the transition.

- Several different classes are being offered at Muscatatuck SDC in 2002. Spanish, phlebotomy, keyboarding, and LPN classes will all take place this year. For more information, contact Michael Lesaux at 346-4401x1278.
- In addition, efforts are being made to hold on-ground brush-up courses in math, English, and reading skills. More information on these classes will be listed in this space when available.

- The Indiana Department of Workforce Development's web site can teach you how to write an effective resume. They review "nine rules for resumes" in an easy-to-follow step-by-step process. The site can be viewed at [www.IN.gov/dwd/resume1.shtm](http://www.IN.gov/dwd/resume1.shtm).
- Ivy Tech State College offers over 40 programs of study and over 80 specialties at 23 campuses across Indiana. However, Ivy Tech also teaches courses via the Internet. To learn more about Ivy Tech's Internet courses visit them on-line at [www.ivytec.in.us](http://www.ivytec.in.us).

If you do not have Internet access, check out the Internet Access Resource Center at the top of the page.

## Other Views

*Below is the first in an occasional series of guest columns by leaders in Indiana's disability advocacy community.*



by John  
Dickerson  
Executive  
Director,  
The Arc of  
Indiana

### Making Sure We Do it Right

Since the announcement of the closure of Muscatatuck State Developmental Center (MSDC), I have met with families and staff of MSDC a number of times. Many continue to wonder why the facility is closing and where their loved ones will live.

The question of whether or not MSDC and similar facilities should continue to operate has been asked for years, not only in Indiana, but also across the country. Indiana's State Department of Health, the U.S. Department of Justice, and the Department of Health and Human Services have all been critical of how Indiana has run state institutions. The Governor, state legislators, FSSA officials, and advocates in Indiana came to the conclusion that we cannot continue to operate this way, and that the time to change is now.

Now that the decision has been made, The Arc of Indiana is committed to being closely involved in the process to assure that the movement of people from MSDC is done right.

I am often asked if everyone can be moved by the scheduled closure date of July 1, 2003. A deadline is important as a goal to work towards. Ultimately, however, time must be made to plan for the movement of each person as an individual. Governor O'Bannon; FSSA Secretary, John Hamilton; Director of Disability, Aging, and Rehabilitative Services, Marilyn Schultz; and key staff in

charge of the closure process continue to assure they will work with families to provide quality and appropriate services to every individual.

A successful way to move people from a large institution to community based programs was shown in the closure of New Castle State Developmental Center. For the first time, Indiana moved people based on person centered planning -- learning what the person needs, and then building a program around that person to support them in a new placement. That experience is being applied to the transition of people from MSDC.

We encourage families to view the video, "Community & Independence, The Move From New Castle State Developmental Center," to learn more about this process.

It is available at MSDC, or you may borrow the video by calling the Center for Disability, Information and Referral at 1-800-437-7924.

As was done at New Castle, families and guardians at MSDC will be involved in the process of planning the move of their loved one. This will include making sure plans are thorough, that services and supports are in place before people move, and that the new place to live is the right one for their loved one.

A resource available to families to learn more about programs, services, and providers is the Internet site, TheArcLink - [www.TheArcLink.org](http://www.TheArcLink.org). This site offers easily accessed information on all approved providers in Indiana, and helps people make choices for their loved ones.

The closure of MSDC provides a tremendous opportunity to bring services in Indiana to a new height, but it will only happen with thoughtful and deliberate planning and with appropriate resources allocated to make sure the job is done correctly. If advocates, families, and FSSA work together, the transition of people from MSDC to new programs will be a success.

## Family and Employee News Now Available On-Line

Both the *Family News* and *Employee News* newsletters will now be posted on-line each month. FSSA's Muscatatuck/Madison Transition Process web site has added the newsletters as a feature.

The web page can be viewed at:

[www.IN.gov/fssa/transition](http://www.IN.gov/fssa/transition)

### Contact Us!

FSSA maintains a web site, a toll-free phone number, and this newsletter to keep MSDC and MSH employees fully informed.

Anyone who would like to receive this newsletter can call the number listed, leave their address, and be added to our mailing list.

The web site features questions discussed at family and employee meetings, the final report from the Governor's Council on State Operated Care Facilities, updates on the *Olmstead* process, articles, and more.

You can visit the web site at:

[www.IN.gov/fssa/transition](http://www.IN.gov/fssa/transition)

If you have questions, comments or concerns, or want to request copies of items on the web site, write to:

**Secretary, FSSA**  
**402 W. Washington St.,**  
**Room W461**  
**Indianapolis, IN 46207-7088**  
**Attn: MSDC/MSH**

or email:

[OfficeOfTheSecretary@fssa.state.in.us](mailto:OfficeOfTheSecretary@fssa.state.in.us)

or call toll-free, 24 hours a day:

**1-800-903-9822**

You can also call this number if you have concerns about the services that your loved one receives after leaving MSDC or MSH.